



Directions

By car

Take the B8 exit towards Limburg at the Königstein roundabout.

Public transport

Take the Regionalbahn 12 to Königstein station from Frankfurt Hauptbahnhof (main train station). The Kurbad is approx. 10 minutes from there on foot. (Information regarding train prices and schedules: www.rmv.de or RMV service telephone 0 18 05 / 7 68 46 36).



Restaurant & Café „ClubHouse Kurbad“

The ClubHouse in the spa resort with sun terrace and a magnificent Outlook is there for everyone! With continuously creative German and traditional Indian cuisine, it's a place for encounters - business lunches, lunch breaks, groups - or simply at the a pleasant end to a beautiful day. Children each Age is expressly welcome. Of course there are also Coffee, cake and ice cream! For guests in swimwear there is a exclusive area at your disposal.

Opening times

Tuesday to Sunday 10.00 - 22.00

Closed Mondays

Telefon: (0 61 74) 92 65 36



Opening times

Opening times Kurbad*

Monday 16.00 – 22.00

Tuesday to Sunday and
on public holidays 9.00 – 22.00

* Ticket office closing time and last admission 21.00.

Bathing times

Monday 16.00 – 21.30

Tuesday to Sunday and
on public holidays 9.00 – 21.30

Mixed sauna

Monday 16.00 – 21.30

Tuesday to Sunday and
on public holidays 10.00 – 21.30

Ladies' sauna

Wednesday 10.00 – 21.30

Thursday 10.00 – 21.30

Men's sauna

Tuesday 10.00 – 21.30

Friday 10.00 – 17.00

Vitality Massage

Tuesday to Thursday 14.00 – 18.00

1st and 3rd Sunday of the month 14.00 – 18.00

To book, call 0174-3110639.

According to availability – not continuously on offer.

Contact:

Le Cannet-Rocheville-Straße 1

61462 Königstein im Taunus

Telephone (0 61 74) 92 65 0

Fax (0 61 74) 23 64 8

info@kurbad-koenigstein.de

www.kurbad-koenigstein.de

-subject to change without notice -
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Dive in and relax
Kurbad Königstein



Kurbad Königstein

Health and relaxation

Beneficial. Natural.



Ride the waves

Gentle ripples flow around your body and free your mind and soul. Come to the Kurbad Königstein and experience our indoor swimming pool (heated at 29 °C) with its mirrored ceiling. Afterwards, we invite you to enjoy our panorama outdoor pool (heated at 32 °C) with its spectacular view of Königstein castle.

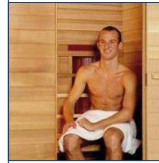
Our whirlpool, lazy river, neck jets, floor bubblers and whirlpool loungers invite you to come and get away from it all. In addition, the sun terrace offers a superb view of the castle ruins and the Taunus area.

Feel the warmth

Feel the warmth on your skin and dream yourself away to faraway places.... The sauna bath is a perfect way to ease your body and soothe away the stresses of everyday living. Our sauna world features the following:

- Dry sauna
- Infusion sauna
- Steam sauna
- Tepidarium (colour light therapy)
- Fuß- und Tauchbecken
- Solarium
- Relaxation room with panorama view
- Worlds of aroma
- Romantic sauna

To retain the effect of the sauna and avoid adverse cardiovascular reactions, you are advised not to take part in any sports activities after the sauna session. Please note that children under 17 are not permitted to use the sauna facilities unless accompanied by an adult.



Vitality Massage

A massage therapist runs our massage programme with its theme "Time out – Vital, Relaxed, Healthy" in our sauna world to which bathers are also invited. To book, call 0174-3110639.

Tuesday to Thursday	14.00 – 18.00
1st and 3rd Sunday of the month	14.00 – 18.00

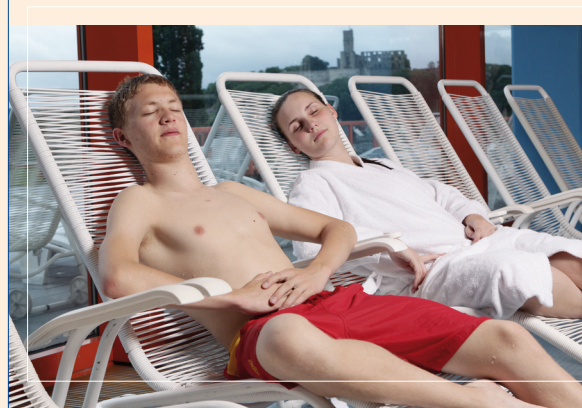
According to availability – not continuously on offer.

Bask in the Sun

When the sun caresses your body then the world is immediately in order. But what can you do if the sun isn't shining or you have such long working hours that the sun has disappeared when you have time?

The **infrared warmth cabin (IWC)** at the Kurbad Königstein is a relaxing alternative. Infrared warmth is the same natural radiation warmth that the human body absorbs from the sun and also emits. It has a positive effect on many organs and processes in the human body. These benefits come into their own, however, without the harmful UV components of sunlight. In contrast to the sauna heat, you are greeted by the pleasant warmth generated by the electromagnetic spectrum which deeply penetrates into skin tissue. The IWC is located outside the bathing area which means you don't pay the additional swimming pool entrance fee.

The infrared warmth cabin costs € 5,50 per 30 minutes. Please pre-book the IWC by calling us on (0 61 74) 92 65 0.



Learn to swim

Learning to swim is vital and a swimming badge is usually required if „Swimming“ is on the school timetable.

Swimming especially trains motor skills and ensures controlled body movement. Our swimming courses give you everything you need: high quality, qualified trainers and, of course, lots of fun for your child. You can choose between lessons in which children experience physical activity in the water with others, or private lessons on a one-to-one basis or, on request, in small groups.

Adults can also either learn to swim or improve their swimming techniques with a trainer.

Info hotline

For more detailed information please contact:

Tuesday	9.00 - 15.00
Thursday	12.00 - 17.00

Telephone	(0 61 74) 92 65 23
Email	schwimmschule@kurbad-koenigstein.de

Further information regarding the swim school can be found at www.kurbad-koenigstein.de

